

Temple Beth Sholom



The Shofar

Kislev/Tevet 5782

November/December 2021

Let Us Each Be the Light for One Another

Jo Ann Howard, President

Have you ever noticed how powerful darkness and light can be on our spirits and even our physical being? Our whole demeanor seems to change as the length of daylight decreases. Have you also noticed that during this pandemic we often feel that we are surrounded by darkness, even when the sun seems to be brightly shining? For many it seems that they or a friend or family member make more mistakes, become more forgetful and relationships are often strained. It is at times like this, we each, in our way, need to reach out to those who appear to be struggling. Sometimes it just takes a phone call, meeting for a cup of coffee or having the patience to listen and not feeling a need to give advice. At other times we need to be sensitive enough to realize what the signals they are giving us and determine how we can help.

This was summed up perfectly in this quote I found on Facebook: "When a flashlight grows dim or quits working, do you just throw it away? Of course not. You change the batteries. When people mess up or find themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries. Some need AA...attention and affection; some need AAA...attention, affection and acceptance; some need C...compassion; some need D...direction. And if they still don't seem to shine...simply sit with them quietly and share your light."

And, in a reflection I read about the month of Kislev, that statement is repeated by saying, "The lighting of Chanukah candles is a strong statement of our belief that darkness can be changed to light through our own efforts." Let us each be a light to one another!



Yahrzeits

May Their Memories Be a Blessing

November 5-6/1-2 Kislev

1 – Samuel Costin
2 – Beatrice Hollins Berman
2 – Milton Greenspon
2 – Stanley Singer
5 – Mollye L. Harris

November 12-13/8-9 Kislev

11 – Mary Halperin
11 – Sidney Kellam
11 – Jennie R. Macht

November 19-20/15-16 Kislev

17 – Simon Goodfriend
17 – Milton Eisner
18 – Isaac Hollins

November 26-27/22-23 Kislev

21 – Steven Nakdimen
22 – Jacob Silverman
24 – Rabbi Benjamin Kelson
24 – Jean Kushner
27 – Blanche Stern Bermann

December 3-4/29-30 Kislev

28 – Irving Melnick
30 – Michael Friedman
2 – Dora Paul Kaplan
2 – Alvin Newman
4 – Esther F. Kahn
4 – Eleanor Sager

December 10-11/6-7 Tevet

5 – Mattie Greenberg
6 – Benjamin Arthur Rippe
6 – Harvey William Sater
9 – Gerald S. Gordon
10 – Dr. Samuel R. Newman
11 – S. Harrison Kahn

December 17-18/13-14 Tevet

12 – Mrs. Louis Kaufman
14 – Sigurd Navell
15 – Fred Feibelman
15 – Hannah H. Schreibfeder
15 – Herschel M. Stendig
15 – Sophie Golub Stendig
16 – Babette K. Hoffman
16 – Nancy Koplen
18 – Florence F. Fuchs
18 – Adolph Kingoff

December 24-25/20-21 Tevet

20 – Isabel Heiner Lipman
23 – Jacob “Jack” Jason
25 – Ellis Halperin

Dec. 31-Jan. 1/27-28 Tevet

28 – Nathan Lantor
30 – Julius Novakoff
1 – Shirley Levy
1 – Ella Friedman
1 – Jacob Cohen



Temple Beth Shalom Donations

Cathy Calisch

"I have so many lovely memories of growing up in the Temple."

Martha and Grady Carrigan

An offering

Amy Gudelsky

"This donation is being made in memory of my dear cousin Jay David Berman."



Sisterhood Building Fund Contributions

Ronnie Mand, 799-3434

Please remember the Sisterhood Building Fund for Sympathy, Mazel Tov, Thank You, and Speedy Recovery. The list is endless. Your contributions are used to beautify our temple. Your support is needed more than ever!

Message from Ronnie Mand, Sisterhood President



It is my fervent hope that Sisterhood members will once again be able to gather for a meeting, camaraderie and socialization in the near future. Until that time, I urge our members and all supportive congregants to continue filling your **Silver for Sisterhood** boxes. This simple fundraiser will allow us to have extra funding for some needed temple project. I wish all of you a Happy Thanksgiving and a joyous Chanukah.

CALENDAR OF EVENTS

NOVEMBER

Friday, 5 th		Shabbat service not scheduled
Friday, 12 th	7:30 p.m.	Shabbat service at FPC
Friday, 19 th	7:30 p.m.	Shabbat service at FPC
Friday, 26 th		Shabbat service not scheduled – Thanksgiving weekend
Sunday, 28 th		Chanukah begins! Light your first candle tonight.



DECEMBER

Friday, 3 rd	6:00 p.m.	Chanukah/Shabbat service at FPC
Friday, 10 th	7:30 p.m.	Shabbat service – Zoom
Friday, 17 th	7:30 p.m.	Shabbat service at FPC
Friday 24 th	7:30 p.m.	Shabbat service – Zoom
Friday, 31 st		Shabbat service not scheduled – Happy New Year 2022!

WHAT IS PLANNED FOR NOVEMBER and DECEMBER



Shabbat services will continue to be held either in-person at FPC or on Zoom. Two in-person services have been scheduled in November and two in-person and one Zoom service have been scheduled in December. We hope you will join us and enjoy the warmth of our temple family as we welcome Shabbat in either setting!



It's never too late for our annual Tzedakah Project! Donations made in November will be considered "Giving Tuesday" and will be matched by a group of donors who would like to honor the memory of Tommy Stump, a board member and long time supporter of the organization. Write your check to **Boys & Girls Clubs of the Danville Area** and be sure to write "Giving Tuesday" or "GT" on the memo line. Mail it **before November 19th** to Peter Howard, 326 Rosemary Lane, Danville, VA 24541. In this way we can make a presentation from our congregation and all funds will be matched.



Chanukah 5782/2021

The first candle is lit on the evening of November 28th

Candles are added to the *hanukkiyah* (menorah) from right to left but are kindled from left to right. The newest candle is lit first. (On the Shabbat of Chanukah, kindle the Chanukah lights first and then the Shabbat candles.) Light the *shamash* (the helper candle) first, using it to kindle the rest of the Chanukah lights. As you do, say or sing

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל חֲנֻכָּה.

Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tsivanu l'hadlik ner shel Chanukah. Blessed are You, Adonai our God, Sovereign of all, who hallows us with *mitzvot*, commanding us to kindle the Chanukah lights.

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
שֶׁעָשָׂה נִסִּים לְאַבוֹתֵינוּ וְאִמּוֹתֵינוּ
בְּיָמִים הָהֵם בְּזִמְנֵי הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, she-asah nisim laavoteinu v'imoteinu bayamim hahaeim baz'man hazeh. Blessed are You, Adonai our God, Sovereign of all, who performed wondrous deeds for our ancestors in days of old at this season.

FOR FIRST NIGHT ONLY:

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, שֶׁהִחְיֵנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לְזִמְנֵי הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'higiyanu laz'man hazeh. Blessed are You, Adonai our God, Sovereign of all, who has kept us alive, sustained us, and brought us to this season.

WHAT WE DID in SEPTEMBER and OCTOBER



September was filled with the fall holidays and again this year we had to Zoom or live-stream from home with various temples for Rosh Hashanah and Yom Kippur. However, we did have our own outdoor shofar service at the Fraifeld's home. We think Eddy outdid himself this year with his last blast! We were also able to meet for Tashlich at the river and used tiny twigs as a symbol to cast away our sins. (Bread crumbs are not a natural food source for fish, ducks or geese and we therefore honored their health and the posted signs.) Once again, a Yizkor booklet, containing the names of those being remembered along with readings and prayers, was put together and mailed to the participating congregants and family members.

We were able to have in-person Sukkot and Simchat Torah services. Our Sukkot/Shabbat service was held outdoors at First Presbyterian Church. We didn't have a sukkah but everyone was able to welcome Shabbat, participate in a Shabbat/Sukkot service, shake the lulav and the etrog, and enjoy being outdoors together. Simchat Torah was celebrated in the chapel at FPC and there was lots of singing as each person had a chance to carry the Torah up and down the aisle. It's always exciting to hear the last lines of Deuteronomy (Devarim) and the beginning of Genesis (Bereshit) knowing that the Torah cycle begins once again!

Shabbat is our weekly way of being together whether on Zoom or in-person. Thank you to all who participate and raise your voices in prayer and song. We should all be grateful to the congregation at First Presbyterian Church for allowing us to worship in their chapel. Our portable ark stands tall, our candlesticks shine on Shabbat, and our prayer books have their places in each pew. We are lucky to be partnered with a house of worship that feels "that's what neighbors do!"

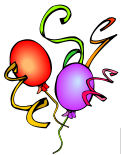


WITH OUR CONGREGATION

Mazel Tov to Joan and Eddy Fraifeld on the engagement of their son Sam to Andrea Blatt!
A toast to all of you!!

Former member Jay Berman passed away on October 10 in Bradenton, FL. Thank you to Michael Caplan, Peter Howard and Sam Rippe for serving as poll bearers and to those of you who were also able to attend his funeral. It meant a lot to his family.

Our wishes for good health are extended to **Mildred Barth, Belinda Baker, Carol Caplan, Joe Eisenberg, Faye Kushner, Lynne Loper, Steve Mand, Ben Rippe** and **Charles Silverman**. We know that some of our congregants become ill, have surgery, or suffer an injury between The Shofar publications, so please know that we extend a prayer of comfort and continued recovery to those who are not specifically named.



BIRTHDAYS AND ANNIVERSARIES

November Birthdays: 1 – Dovie Melnick; 6 – Samantha Wills; 9 – Asher Caplan;
25 – Joan Fraifeld

November Anniversaries: 1 – Harriette & Erwin Will; 5 – Susan & Hank Dufour;
18 – Melanie & Kevin Vaughan; 18 – Michelle & Robert Fryman;
21 – Bonnie & George Brumfield; 27 – Elisabeth & Mark Stanley

December Birthdays: 16 – Steve Mand; 19 – Melissa Laverack; 21 – Charles Silverman;
23 – Danny Jason; 26 – Karen Harris; 28 – Lynne Loper; 29 – Jo Ann Howard;
30 – Alyssa Stanley

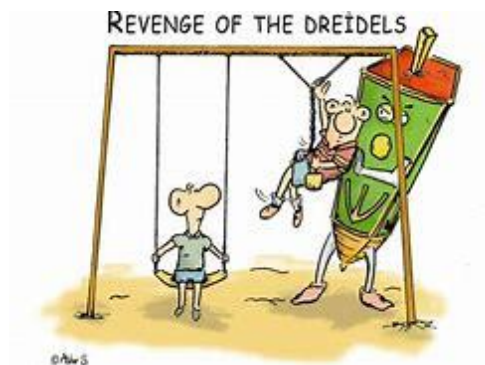
December Anniversaries: 26 – Faye & Sam Kushner



Uplift another congregant's spirits by giving them a call or sending them a card, email or text! It only takes a few minutes and it will make a big difference in their day and yours!
Remember: **"Attention is the rarest and purest form of generosity."**



HOLIDAY HUMOR





November – December 2021

Danville

Martha Woody, President

rfbmmw@comcast.net

If it's autumn, it must be Angels of Mercy time! The first campaign of this unusual fundraiser was in 1950, making this the 72nd year that members of the Danville Hadassah chapter have solicited local businesses and individuals to support the Hadassah Medical Organization in Israel, whose life-saving research and treatment modalities are shared throughout the world.

Why is this an "unusual" Hadassah fundraiser, and what accounts for its longevity? Most Hadassah chapters get the vast majority of their donations from Jewish individuals or Jewish-owned businesses; in that sense, the Danville chapter is an outlier, as the majority of our contributions come from the larger community. So, why would Southside Virginia, with few Jews and little awareness of non-Christian religions, be so supportive of Angels of Mercy for such a long time?

The first reason is of course because of the amazing breakthroughs in treatment pioneered by the medical professionals who work in the Hadassah Medical Organization. Here are just a few highlights:

Developed a new treatment for lupus, one of the autoimmune diseases where the body's immune system attacks its own healthy cells

Created a Center for Cystic Fibrosis that is a world leader in the research and treatment of this lethal genetic disease

Eliminated the physical manifestations of Parkinson's Disease by implanting electrodes in the patient's brain

Conducted the first clinical trials of a new stem cell therapy for ALS with positive results in the management of this disease

Developed a new laser lens to treat glaucoma

Invented the fetal kinetocardiogram which enabled doctors to diagnose cardiac arrhythmias in a fetus

Secondly, the Hadassah Medical Organization, with its diverse staff and mission to serve all patients regardless of race, religion, ethnicity, or national origin, serves as an island of peace in that troubled region. HMO is a beacon of hope for the prospect of harmony and reconciliation in the Middle East.

And finally, people donate to Angels of Mercy because they are asked, and because they are educated about Hadassah's good work. You know about HMO's accomplishments, and now you are asked to support it! Please mail a check (made out to Hadassah) today to Ronnie Mand, 235 Brandon Court, Danville, VA 24541. For just \$36 or more, you too can be an angel, and your support will be much appreciated!

What's Happening in our Danville Chapter



Angels of Mercy –Be sure to read Martha's article to see why this is such an important project. You can make a difference in so many lives!



Birthday/Anniversary Cards –What a wonderful way to remember family and friends on their anniversaries and/or birthdays and at the same time support the Youth Aliyah villages in Israel. Dawne Lucas has mailed the yearly birthday/anniversary list. When it arrives, please take a few minutes to read it over and make your selections of who you want to recognize. You will put smiles on their faces when the cards are opened!



Rays of Hope and Celebration – You have an opportunity at each of our meetings to light a virtual menorah to honor or remember family and friends. Or, if you'd like to honor someone for their birthday, a get well wish, or a remembrance for someone that has passed away, just send the information and your check for \$18 made payable to Hadassah to Jo Ann Howard, 326 Rosemary Lane, Danville, VA 24541, and the recognition will be sent to the individual or family.



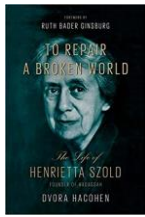
Super South Turkey Trot – Support this fun but meaningful activity to support Hadassah's pace-setting efforts in heart disease research and treatment, focusing on its effects on women. *Did you know that heart disease and stroke are the cause of 1/3 of all women's deaths? And that 82% of heart disease is preventable?*

Make your plan to walk, run, trot or wobble anytime, anywhere, in November.

Registration begins at \$36 and includes swag!

hadassah.networkforgood.com/projects/126479-hadassah-super-south-turkey-trot-2021

Questions? Hadassah Super South Office, 678.443.2961, supersouth@hadassah.org



Book Chat with Amanda Mossey

It is said of Hadassah founder Henrietta Szold that "Wherever she sat and led the discussion, there was the head of the table." Since becoming a member myself many years ago, I have been privileged to help contribute to Hadassah's efforts to raise money to help promote better health in Israel, including the Hadassah Hospitals that are open to anyone regardless of background. But what did I really know about Henrietta Szold?

While doing some other reading I came across a recently published book by Dvora Hacoheh titled To Repair A Broken World and decided to give it a read. I still have a few chapters left to go, but this book does a fantastic job telling Henrietta's story. It starts off with Henrietta's upbringing in Baltimore and her close relationships with her parents and sisters. Henrietta was particularly close to her sister Rachel and was someone she frequently turned to for advice in her many endeavors. Wanting to help the immigrant population in Baltimore, one of her first big undertakings was opening a night school in Baltimore. Proving herself more than capable, she moved on to work for the Jewish Publication Society, editing, translating, writing, and more. Seen as invaluable to JPS, the board wanted to give her more responsibility but because she was a woman she was relegated to the title of secretary and often not given credit for her substantial contributions. As Henrietta moved on to other jobs, similar working conditions followed her becoming a great source of frustration for Henrietta. This, coupled with numerous failed attempts at finding a male companion led to severe depression that stayed with her for the majority of her life.

Despite perpetual setbacks and disappointments, at age 49 Henrietta went on a life changing vacation to Palestine with her mother. Here Henrietta was able to observe the living conditions of the Yishuv (Jewish settlements in Palestine) and coming face to face with the poverty, lack of resources, and poor health conditions eventually led to the beginnings of Hadassah. Hacoheh's book goes on to illustrate how Hadassah evolved from its beginnings despite numerous roadblocks including ongoing political problems in the area, the Palestinians not always being trusting of the American support Hadassah was trying to provide, the deteriorating health of Henrietta and her family members, and even problems that came from other Zionist organizations.

Despite having a few chapters left to go, thanks to a very thorough introduction at the beginning of the book I know that Henrietta Szold passed away at age 84. Despite never being married or having children of her own, she left behind a legacy greater than most people can even dream of. Thanks to her efforts nearly one million people are helped every year through services provided by Hadassah. Additional statistics from Hadassah medical center can be found at <https://www.hadassah.org.il/en/factsandnumbers/>



Rays of Hope and Celebration



Susan Dufour lit 1 menorah

For my niece, Lauren Schwartz and her husband Adam, on the birth of a son, Max Alexander.

For my nephew, Aaron Califf and his wife Jessica, who gave birth two months ago to Noa.

For Andy, who made the President's Honor Roll and now he's going back to get his degree in hospitality.

For Ronnie, hoping she gets out of her boot soon.

4 candles for Hank and me - we are celebrating 40 years on November 5th



Joan Fraifeld lit 1 menorah

In honor of our son Sam's engagement to Andrea Blatt!



Jo Ann Howard lit 2 menorahs

Menorah 1: For each of you...who in your own way has brought sunshine into my life!

Menorah 2: In Memory of Deborah Roseman, who was the sunshine to so many people!



Lindy Levey lit 1 menorah

In honor of these recent birthdays: Seth's 43rd, Talia's 4th, Bills' 45th



Amanda Mossey lit 1 menorah

In honor of our founder and woman of vision, Henrietta Szold!



Ronnie Mand lit 1 menorah

The five women who join me in securing Angels of Mercy ads:

Jo Ann, Carol, Martha, Melanie and Mira.

All of our Hadassah members who support this project every year.

Lynda White, our AVP, for joining us and not having to worry about the wonderful Danville Chapter.

Ronni Nichamin, for her technical skills which enhance our Zoom programs.

Excited to hopefully go to Florida soon to finally see our daughter and grandchildren after a year and nine months.

To be out of the walking boot and done with this 17 week saga.



Ronni Nichamin lit 1 menorah

In celebration of the marriage of my daughter Mindy.

My husband Bill had his 75th birthday.

My husband and I had our 45th wedding anniversary.

My uncle had his 100th birthday and is turning 101 in ten months.

Danville Chapter - Thank you for inviting me to your meetings.

All my friends and family in need of healing prayers.



Melanie Vaughan lit 1 menorah

In honor of my mother who is almost 97 and in honor of Hadassah. May they both continue to thrive for another 100 years!



Lynda White lit 1 menorah

In honor of my four grandchildren who are having birthdays.



Martha Woody lit 2 menorahs

Menorah 1: For my family and friends, near and far, wishing them all good health, both physical and mental.

Menorah 2: For my Hadassah friends, near and far, in our Danville Chapter and the Southern Seaboard Region, in appreciation for all their good work, showing the "power of women who do"!