

Temple Beth Sholom



The Shofar

Adar/Nisan/Iyar 5781

March/April 2021

What is the Meaning of Passover for You?

Jo Ann Howard, President



It's amazing to me that it has been almost a year since we canceled our on-site temple activities beginning on Friday, March 13, 2020. The first holiday that truly affected us was Passover. For the first time we were not together for our Seder as a congregational family. Some families were able to be together in person, some were together on Zoom and others read the prayers and ate their Hillel sandwich alone or with their spouse. This year we are still in the same situation, but hopefully we will feel more positive about the months to come.

Recently we received a brochure from Hillel International entitled "*Mah Nishtanah*" *Four NEW Questions for Your Seder this Passover*". Even if you don't use these questions at your Seder, they are worth thinking about and perhaps your personal answers will put this year in a different perspective.

(continued on next page)

Question 1: **What does this Seder mean to you?** You might recognize this as the question from the wicked child, but its importance rings true for us all. We often fall into the habits of ritual without conveying their meaning. Activity: Ask those at your Seder what the meaning of the celebration is to them.

Question 2: **What are your stories?** At its core, Passover is the story of the Jewish people's passage from slavery to freedom. While we personally may not have been slaves, we each have a story of moving from hardship to better times. Activity: Tell a story of resilience from your personal or family history.

Question 3: **What have these last 12 months taught you?** "Mah nishtanah" literally means "what is different", relying on the differences of the Seder table to draw out lessons and meaning. These last 12 months have been very different for all of us. Activity: Share one thing that has been different this year from previous years, and one lesson you might draw from this difference.

Question 4: **What are your "Dayenus"?** At the completion of the Passover story, we sing Dayenu, a song of gratitude: gratitude for our freedom, for being brought out of Egypt and for the beauty of Jewish life. Activity: Tell those you love three things you are grateful for, or write them down and go around the table (or Zoom call) so that each participant in the Seder has a chance to share.

Let us raise our glasses together and toast together:

Next year in Jerusalem

L'shana Haba'ah B'Yerushalayim

לְשָׁנָה הַבָּאָה בְּיְרוּשָׁלַיִם!



Yahrzeits

May Their Memories Be a Blessing

March 5-6/21-22 Adar

28 – Julius Kaufman
28 – Annie Newman
29 – Jacob Goodfriend
1 – Beatrice Newman Stoner
4 – George W. Brumfield, Jr.
4 – Robert Walter Norris
5 – Dorothy Greenspon

March 12-13/28-29 Adar

9 – Edward Novakoff
10 – Fanny Feibelman
12 – Samuel Kabat
12 – Harry Elias Macht

March 19-20/6-7 Nisan

14 – Harry Berman
14 – Joseph Gleicher
17 – Lenamay Simon Moskowitz
19 – Benjamin Vatz
20 – Louis Kaufman
20 – Dr. David S. Stoner
20 – Edna Wall
20 – Albert Steinberg

March 26-27/13-14 Nisan

21 – Louis Berman
21 – Michael Plotkin
22 – Sylvia Baker Steinberg
24 – Zita Salamon
26 – Dr. Harry Jacobs
26 – Helen Elson
27 – Lillian Denny
8 Nisan – Heather Silverman

April 2-3/20-21 Nisan

29 – Rosa Berman
30 – Carree Hoffman
30 – Maurice Saperstein
2 – William Margolin
2 – Arnold Manheim
3 – Stuart Harris

April 9-10/27-28 Nisan

4 – Fred Bermann
5 – Abraham Lewis Platt
6 – Sol Goodman
6 – Ida Nakdimen
7 – August Kahn

April 16-17/4-5 Iyar

11 – Frank Philip Heiner
11 – Adele Nakdimen (2016)
13 – David John Howard
13 – Alvin Silverman
16 – Annie A. Rippe

April 23-24/11-12 Iyar

18 – Norman Schriebfeder
22 – Edwin Louis Rippe

April 30-May 1/18-19 Iyar

26 – Clarice Sadie Simon
27 – Nat Becher



Temple Beth Shalom Donations

Gary Grant

A contribution to go toward building restoration

Eddy and Joan Fraifeld

In honor of our many friends at temple – their simchas, their sorrows and all that is done for our Jewish community

Alison Gordon

In memory of her parents Ruth B. Gordon and Jerry Gordon

Martha and Grady Carrigan

An offering

Peter and Jo Ann Howard

In honor of the birth of our grandson, William Seth Howard

Wishes for a continued recovery to Charles Silverman



Sisterhood Building Fund Contributions

Ronnie Mand, 799-3434

Please remember the Sisterhood Building Fund for Sympathy, Mazel Tov, Thank You, and Speedy Recovery. The list is endless. Your contributions are used to beautify our temple. Your support is needed more than ever!

CALENDAR OF EVENTS



Let's welcome Shabbat together..
Watch for your weekly invitation for Zoom.
Watch for additional events which may be added.

MARCH

Friday, 5 th	7:30 p.m.	"Zoom" Shabbat Service
Friday, 12 th	7:30 p.m.	"Zoom" Shabbat Service
Friday, 19 th	7:30 p.m.	"Zoom" Shabbat Service
Friday, 26 th	7:30 p.m.	"Zoom" Shabbat Service
Saturday, 27 th	Erev Pesach – First Seder in the evening with your family	



APRIL

Friday, 2 nd	7:30 p.m.	"Zoom" Shabbat Service
Friday, 9 th	7:30 p.m.	"Zoom" Shabbat Service
Friday, 16 th	7:30 p.m.	"Zoom" Shabbat Service
Friday 23 rd	7:30 p.m.	"Zoom" Shabbat Service
Friday, 30 th	7:30 p.m.	"Zoom" Shabbat Service

WHAT'S HAPPENING in MARCH and APRIL



Peter and Jo Ann will continue to host Shabbat services on Zoom during the months of March and April. Thank you to all who attend and to those who participate with reading and/or singing parts. It makes our services even more special!

We hope more of you will join us on your computer, laptop, or phone. Come and learn some new songs (such as *Shabbat Hamalka*, and *Roll into Dark*) and prayers, meet some new people, and feel the warmth of welcoming Shabbat together. If you need a prayer book just let us know. Watch for your weekly invitation to join the service.

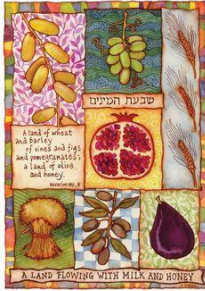


Pesach/Passover begins on Saturday evening, March 27th, with the first Seder, and the seven day festival ends at sunset on Saturday, April 3rd for Reform and progressive Jews living inside Israel who follow the Biblical text. For Orthodox, Hasidic and generally Jews outside Israel the festival lasts for eight days, ending at sunset on Sunday, April 4th. We hope that by 2022 we will be able to celebrate together in our Temple Beth Sholom social hall.



Uplift another congregant's spirits by giving them a call or sending them a card, email or text! It only takes a few minutes and it will make a big difference in their day and yours! Thank you to Melissa for sharing this quote by Simone Weil which summarizes this perfectly: **"Attention is the rarest and purest form of generosity."**

WHAT WE DID in JANUARY and FEBRUARY



We celebrated Tu Bishvat with our annual Seder on January 30th on Zoom. Those who attended had a wonderful time! The Howards provided all that was needed (except wine/grape juice) to those who wanted to participate in celebrating the “new year” of the trees. We ate the three kinds of fruits that are singled out in the Torah: fruits with shells – represented with almonds and pomegranate seeds; fruits with pits – represented with dates and olives; and entirely edible fruits – represented with raisins, apples and Hershey kisses (representing carob). The wine or grape juice represented the four seasons. We all enjoyed reading, singing and noshing! Everyone also received parsley seeds to plant and hopefully have in time for Pesach!



We celebrated Purim this year on Shushan Purim on Saturday, February 27th and even though we were on Zoom we had plenty of costumes to admire! Goody bags were made available for each participant and contained copies of the Megillah according to Dr. Seuss, noise blowers to drown out Haman’s name, crowns to wear, candy and fresh baked hamantachen to nosh on. Ronnie and Jo Ann had fun preparing for this special day which included a learning moment about Shushan Purim, plenty of laughter during the “megillah” reading, singing Purim songs, and noshing on hamantachen!



The Many Faces and Disguises of Purim!



Tikkun Olam: Thank you to those of you who continue to work to make the world a better place. Let's give a big shout out to Ronnie and Steve for volunteering at the different COVID vaccination sites and to Peter for continuing his volunteer work from home for the VITA tax program. There have also been composting contributions taken to the Urban Farm, support of God's Storehouse's annual Empty Bowls fundraiser, and individual monetary donations made to various organizations in our communities by our congregants. We continue to do our part to make our world a better place not only for ourselves, but also those who will come after us.



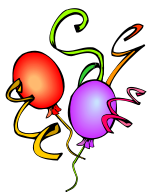
WITH OUR CONGREGATION

Mazel Tov to Peter and Jo Ann (aka Zayde and Bubbe) on the birth of their grandson, William Seth Howard. Happy parents are Jonathan and Faith who are learning quickly that Seth's schedule and their predertimed thoughts of a schedule don't necessarily match!

Charles Silverman is now at the Chatham Health and Rehabilitation Center. If you want to send him a card, the address is 100 Rorer Street, Chatham, VA 24531.

Our wishes for good health are extended to **Belinda Baker, Carol Caplan, Joe Eisenberg, Faye Kushner, Lynne Loper** and **Charles Silverman**.

We know that some of our congregants become ill, have surgery, or suffer an injury between The Shofar publications, so please know that we extend a prayer of comfort and continued recovery to those who are not specifically named.



BIRTHDAYS AND ANNIVERSARIES

March Birthdays: 5 – Michelle Fryman; 9 – Kevin Vaughan;
15 – Eddy Fraifeld

April Birthdays: 30 – Joe Eisenberg

Message from Ronnie Mand, Sisterhood President



As we're coming up on a year of this pandemic, I keep thinking about those Sisterhood members who I haven't seen in person in that same amount of time and the camaraderie we shared at our onsite meetings. Whether you attended meetings or supported Sisterhood in so many other ways, I hope all of you and your families are doing well, remaining healthy and safe.

Hopefully it won't be too much longer before our new normal allows us to resume meeting in person and planning our activities. Until that time, ***please*** continue to drop coins in your **Silver for Sisterhood** boxes and give your needed and appreciated contents to Jo Ann.

Take care everyone,
Ronnie



Do you need a Silver for Sisterhood box? Just give Ronnie a call.



A Little Humor is Good for the Soul! **Signs of the Times from Indian Hill Community Center**

If you have to wear both mask and glasses,
you may be entitled to condensation

When you teach a wolf to meditate,
he becomes aware wolf

**The girl in the middle of the tennis court
is Annette**

Water is heavier than butane because
butane is a lighter fluid

I'm reading a book called "Quick Money for Dummies"
by Robin Banks

Nothing tops a plain pizza!

When you said life would get back to normal after June...
Julyed

Lego store reopens after lockdown.
Folks lined up for blocks!

**I never finish anything.
I have a belt in partial arts.**

I'm going to start collecting highlighters.
Mark my words!



March - April 2021

Danville

Martha Woody, President

rfbmmw@comcast.net

It is hard to believe that a year ago we were just heading into the pandemic that has now cost a half million lives in our country. At present, there seems to be a light at the end of the tunnel, as some of us have received both the first and the second vaccines for COVID-19 and data is showing a decline in infections, hospitalizations, and deaths. Still, the restrictions on our ability to gather with friends and family, to move about freely and maskless, to send children to school or to go to work ourselves, will continue into the foreseeable future.

The pandemic has once again underscored inequities in our health care system, especially how gender, race/ethnicity, and socioeconomic status impact morbidity and mortality rates. In addition, women have been bearing the disproportionate burden of COVID-19's social consequences, including lost jobs and wages, reduced access to health care, and increased caregiving responsibilities for both children and sick or elderly relatives. Women's health remains a high priority for Hadassah, and more information about ways to advocate on this issue will be forthcoming.

On the local level, Danville Hadassah has been busy and successful. Because we are able to meet by Zoom, we are meeting more frequently. Our recent meetings featuring Aliza Bricklin and "Breaking Esther's Fast" were quite well received, and plans are in the works for a pre-Passover get-together. Look for more information about this virtual gathering in March.

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Our latest fundraiser, the "No Show Fit for a Queen Spa Day," has also been

very successful, and quite fun. It's not too late to donate, either! You can send your check to Jo Ann Howard at 326 Rosemary Lane, Danville, VA 24541.

As we head into the season of Passover, we are reminded that Jews have often had to deal with dire situations. Whether dealing with slavery in Pharaoh's Egypt or the current uptick in antisemitism, Jews have managed to survive as a people, as a religion, and as a culture. Our guiding principles, pursuing justice and furthering tikkun olam, have helped us to address many of the problems that continue to plague our world. Thank you for your support of Hadassah, as we exhibit "the power of women who do"!

Martha

In the News

The Devout Marathon Runner and Hadassah's Anti-Gravity Treadmill

New Jersey-born Bracha "Beatie" Deutsch, who lives in the ultra-religious town of Beit Shemesh, decided to take up running when she was 25 and the mother of four. By age 31, she became Israel's marathon and half-marathon champion.

Beatie, who runs in a long skirt, long-sleeved shirt and a headscarf, ran the Tiberias marathon when she was seven months pregnant with her fifth child. She came to be ranked among the top 80 runners in the world.

All was great until she fractured her shinbone.

The physical therapy team at Hadassah Hospital Mount Scopus' Department of Physical Medicine and Rehabilitation came to the rescue with their anti-gravity treadmill. Initially invented for astronaut training, the treadmill surrounds patients with a pressurized air chamber that reduces pressure from their body weight, thus enabling them to restore and build muscle strength, range of motion and balance. Thanks to this treadmill, Beattie can keep training for the Tokyo Olympics.



There's No Deadline for Your Support!

Queen for a Day "No Show" Spa Retreat

Thank you to those of you who have already sent in your contributions to benefit the 360 Degrees of Healing Campaign. If you've forgotten or lost your response card, use the form below so that you too can help support the expansion of the Round Building on the Ein Kerem Campus and help Hadassah continue to be at the forefront of health care innovation and cutting-edge research!



This event is *Virtual* – The need is *Real*

I will support Hadassah Danville's "No Show" Queen for a Day
Luxurious Spa Retreat by sending my tax deductible gift:

- ___ \$36 NO need to get a Brow Wax
- ___ \$54 NO need for a Mani/Pedi
- ___ \$72 NO need for Botox Injections
- ___ \$108 NO need to undergo Dermabrasion
- ___ \$180 NO need for a Facial Peel
- ___ \$360 NO need for a full Makeover Package
- ___ \$ ___ *Other Amount*

Name: _____

Address: _____

City, State Zip: _____

Make your check payable to **Hadassah**

Please return by ~~March 1, 2021~~ **ASAP to**

Jo Ann Howard

326 Rosemary Lane, Danville, VA 24541

*THANK YOU for NOT attending Hadassah Danville's
non-event fundraiser*

Rays of Hope and Celebration



Our Danville members and guests continue to “light” menorahs and share their sentiments at our meetings as well as other times they would like to acknowledge someone. If you would like recognition sent to an individual be sure to include their mailing information when you send your sentiment and check. Each menorah is just \$18. Make your check payable to Hadassah and mail to Jo Ann Howard, 326 Rosemary Lane, Danville, VA 24541. Looking forward to hearing from you!

Menorahs from our January meeting:



ALIZA BRICKLIN, LEAH COHEN, AND LYNDA WHITE EACH LIT A MENORAH

FOR The Danville Chapter of Hadassah



MARTHA WOODY LIT 2 MENORAHS

MENORAH 1: For my personal family and friends

MENORAH 2: For my Hadassah family and friends



SUSAN DUFOUR LIT 1 MENORAH

*For her wonderful friends, for Aliza, and
for her husband Hank and son Andy*



RONNIE MAND LIT 1 MENORAH

*In memory of Aliza's mother
In honor of Aliza's mother's terrific daughter
In honor of our outgoing AVP Leah Cohen
In honor of our incoming AVP Lynda White
In honor of our wonderful Chapter President Martha
In honor of our amazing chapter
For everyone's continued safety
For being excited about the inauguration*



JO ANN HOWARD LIT 2 MENORAHS

MENORAH 1: *Happy birthday to my daughter Dawne Aliza, our enthusiastic and energized SSR President Leah our former AVP and will now work with YA and YJ Lynda, our new AVP and eager to get to know our chapter Ronnie, my awesome AOM co-chair and chapter Secretary Martha, our proactive chapter President in regard to women's equity, the need to be informed and to speak out Melanie, our creative chapter Vice President who continues to serve even though she now lives in Georgia*
AOM: 34 Danville Hadassah members, 122 non-Hadassah members, & 80 businesses who contributed over \$14,000 My husband, Peter, who helps me keep my sanity so I can do all that I do

MENORAH 2: *For healing in our country, both health-wise and politically*



DAWNE LUCAS LIT 1 MENORAH

For the health of our country and a peaceful transition of power



JOAN LIBERMAN LIT 1 MENORAH
In memory of her sister Barbara Wolpo

Menorahs from our February meeting:



JO ANN HOWARD LIT 2 MENORAHS

MENORAH 1: *In celebration of the birth of our grandson, William Seth Howard, born on February 24th. He is the son of Jonathan and Faith (Life Member)*

MENORAH 2: *My mom's birthday on 2/26 - Eleanor (z'l)
Great nieces Emily Grace & Violet Eloise 2nd birthdays
The continued recovery of Charles Silverman
How proud I am of the Danville Chapter and its Board for
continuing on despite the pandemic
How lucky I feel that Peter and I have had both of our covid
vaccinations*



SUSAN DUFOUR LIT 1 MENORAH
In honor of my wonderful Danville friends & my family



MARTHA WOODY LIT 2 MENORAHS

MENORAH 1: *In honor of the women of Danville Hadassah who continue to be so amazing in all we do*

MENORAH 2: *In honor of the women of my book club who meet weekly and have been an continuous source of support*



BARBARA HUDSON LIT 2 MENORAHS

Both menorahs were lit in memory of Henry Hudson, a faithful companion for 16 years and a very special dog



RONNIE MAND LIT 1 MENORAH

On being a Great Godmother since Jonathan Howard is my Godson

*The December birthdays of Jackie, Jo Ann and Steven
All the Hadassah members here this evening
Our Hadassah chapter's continued support*



MELANIE VAUGHAN LIT 1 MENORAH

*In honor of Seth
In honor of Hadassah Esthers in our chapter and all those striving to to make this a better world.*